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QUICK BITE | PARAMUS

Self-Serve Sundaes

By KELLY FEENEY

The premise behind 16 Handles Too, a new kiosk at the Garden State Plaza in Paramus, is simple.

"You get to build your own frozen yogurt sundae," said Solomon Choi, 29, the owner, who opened the location last month as an offshoot of his 16 Handles shop in the East Village in New York. At both stores, customers serve themselves yogurt and toppings and pay by weight.

"In New York, we have 16 flavors on tap," Mr. Choi said. "We have some space limitations in Paramus, but we still have enough that customers can mix and match what they want."

Typically, there are eight flavors to choose from, like green tea tart, vanilla, chocolate and New York cheesecake (the selection changes daily; the price is 49 cents per ounce with or without toppings). Once you decide what you want, you just take a cup and start filling it, pulling a handle to get the yogurt flowing.

On a recent Monday morning, I tried a little of the five flavors that were available: Irish mint, cookies and cream, coffee, pistachio and peanut butter. One of the workers also gave me a sample of Eurotart, which was being prepared.

For toppings, I chose mochi (a mini rice cake), blueberries, kiwi and yogurt chips. (There were also Gummi Bears and other candies, chocolate syrup and granola.)

I sat down at one of the five cafe tables and wondered if the yogurt would taste as good as it looked. It did. There was no hint of the chemical aftertaste found in some frozen yogurts, and the flavors were true to their names.

16 Handles Too, Garden State Plaza in Paramus (on Level 1, across from J.C. Penney); (201) 843-2464. Open Monday to Saturday. 16handles.com. Until a credit-card machine is installed, cash only.

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